



YUMMY DINNER IDEAS FOR BUSY PEOPLE



NOW LIVE!

WHATTOEAT4DINNER.COM

MADE FOR YOU MENU PLAN AND RECIPES. YOU CAN NOW MAKE A MASTER SHOPPING LIST AND PRINT OR SEND TO YOUR PHONE FOR EASY MEAL AND GROCERY SHOPPING.

Menu Plan Curated by Melissa Spelts and Cindy Jones

FEBRUARY

SUN	MON	TUES	WED	THUR	FRI	SAT
			1 Chicken Pot Pie with a side of Fruit Salad	2 Pasta Alfredo with Chicken, Broccoli, and a Side of Garlic Bread	3 Pizza Night with a side Salad	4 Easy Ground Beef Stroganoff with Rice or Egg Noodles. side of Green Beans.
5 Pork Tenderloin, Funeral Potatoes, Asparagus, and Dinner Rolls	6 BREAKFAST 4 DINNER Pancakes, Eggs, Bacon/Sausage, and Hash Browns	7 Tomato Basil Parmesan Soup	8 Chicken, Broccoli, and Rice Casserole	9 Baked Feta Pasta with a side of Asparagus	10 Pizza Rolls and a Caesar Salad	11 BBQ Chicken Salad
12 Mississippi Pot Roast with a side of Mashed Potatoes, and Peas	13 BREAKFAST 4 DINNER Crepe Night, Sweet & Savory	14 Pork Chops, Baked Mac & Cheese, with a side of Roasted Carrots.	15 Hearty Gnocchi Soup with Crusty Bread	16 Ground Turkey and Sweet Potato Skillet	17 Pizza Night Crispy Pan Pizza	18 Corn Bacon Potato Chowder
19 Cowboy Stew	20 BREAKFAST 4 DINNER Waffles	21 Oven-Baked Chicken Fajitas	22 Lemon Garlic Baked Fish with Rice & Broccoli	23 Veggie Fried Rice	24 French Bread Pizza	25 One Pan Oven-Roasted Chicken and Veggies
26 Baked Ziti with a side of Corn	27 BREAKFAST 4 DINNER Frittata	28 Taco Bowls	<p>EASY, YUMMY MEALS PLANNED FOR YOU TO EAT AT HOME MORE OFTEN</p> <p>WHATTOEAT4DINNER.COM</p>			